



STAR (Skills Through Activity and Recreation) exists to provide free skill development programs for kids aged five to 15 in east Hamilton. By nurturing the strengths of the individual child and encouraging responsibility and participation, STAR can make a difference in the social and economic futures of those kids, creating a stronger community containing stronger citizens and families.

Visit [www.starhamilton.ca](http://www.starhamilton.ca) for more information.  
*"Skills through activity and recreation - helping children overcome barriers with confidence and opportunities."*

**Make a difference in life of a child! STAR is now recruiting for volunteers to develop, implement and deliver instructional workshops in a variety of areas. Fluency in languages, along with English, is welcomed and appreciated, along with excellent cross-cultural communication skills and an interest in working with children and youth.**

**Here are some ideas of how to use your expertise to get involved!**

**Please send your resume and a brief statement of interest, indicating your area(s) of skill and interest, to [jtinebra@sisohamilton.org](mailto:jtinebra@sisohamilton.org).**

Skill Area	Volunteer Opportunities with STAR
Home Economics/Craft making	<ol style="list-style-type: none"> <li>1. Sewing</li> <li>2. Knitting</li> </ol>
Information Technology/ Office Administration	<ol style="list-style-type: none"> <li>1. Office Suite of Programs</li> <li>2. Web design and website maintenance</li> </ol>
Skilled Trades	<ol style="list-style-type: none"> <li>1. Basic home repairs and maintenance</li> </ol>
Marketing/PR	<ol style="list-style-type: none"> <li>1. Event promotions volunteer</li> <li>2. Community Awareness</li> </ol>
Healthcare	<ol style="list-style-type: none"> <li>1. Basic First Aid</li> <li>2. Health Education</li> </ol>
Education/Social Services	<ol style="list-style-type: none"> <li>1. Healthy Living and Nutrition</li> <li>2. Substance Abuse</li> </ol>
Financial Services/Business	<ol style="list-style-type: none"> <li>1. Budgeting for the home</li> <li>2. Starting your own small business</li> </ol>
Youth and Sports	<ol style="list-style-type: none"> <li>1. Leadership and community involvement</li> </ol>
Human Resources/Career Counseling	<ol style="list-style-type: none"> <li>1. Educational and career planning</li> </ol>